**Monday: LIVING ROOM**
- Clean and polish windows and mirrors
- Dust skirting boards
- Tidy away everything doesn’t belong
- Wash throws and pet bedding
- Hoover under the furniture
- If you have hard floors, mop the floors
- Hoover under the sofa cushions
- Give everything a really good dust

**Tuesday: BEDROOMS**
- Hoover all bedrooms
- Dust all bedrooms
- Tidy away anything that doesn’t belong
- Quick mine sweep under beds
- Change bedding

**Wednesday: ENTRANCE HALL & STAIRS**
- Tidy away anything that doesn’t belong
- Hoover stairs
- Hoover under furniture
- Clean windows and mirrors
- Dust everything, including the skirting boards

**Thursday: KITCHEN**
- Clean inside of the microwave
- Mop floor
- Clean cooker top
- Empty crumbs out of the toaster
- Clean the splash-back behind hob
- Wipe down cupboard fronts
- Clean windows
- Dust blinds
- Give the sink a really good scrub
- Clean out the fridge
- Wipe down all working surfaces,
- Clean out cutlery drawer

**Friday: FOCUS >>> LIVING ROOM**
- Shampoo rugs
- Clean cushion covers
- Clean sofa covers if they are removable and are able to be washed in the washing machine. Check the care instructions!
- Dust everything including the skirting boards
- Clean mirrors and windows
- Declutter and tidy away anything that doesn’t belong